



Botox Informed Consent

Botox is the trade name for Botulinum purified protein complex made by Allergan and FDA approved. Botox therapy for wrinkles is an injection treatment designed to reduce facial expression lines by enabling the muscles to relax. On the face and neck, Botox therapy works best for “dynamic” lines and wrinkles and is less effective for fine textural changes on the skin surface and for those lines present at rest. Botox therapy for underarm sweating (“hyperhidrosis”) is an injection treatment in the axilla causing the sweat glands to cease working in the injected area.

Botox therapy is temporary, meaning it will have to be repeated on a regular basis to remain effective. An average response is 2-6 months of diminished muscle contraction (or underarm sweating if treated there). After a Botox injection, the effect gradually begins over several days and full effect may not be seen until 14 days post injection.

Contraindications for This Treatment Include:

- Pregnant or lactating women
- Clients with allergies to human albumin (small risk of viral transmission for human albumin used in Type A to provide a larger particle)
- Infection, inflammation (including acne), or dermatitis of areas to be injected
- Fever, flu, or cold symptoms
- Facial asymmetry such as Bell’s Palsy
- Clients with neurologic disorders include:
 - Amyotrophic Lateral Sclerosis (Lou Gehrig’s Disease)
 - Myasthenia Gravis
 - Lambert Eaton Disorder
 - Multiple Sclerosis
 - Parkinson’s Disease

I am aware of the following information affecting my treatment and risks including, but not limited to:

- For at least 6 hours following injection, remain in an upright position; actively contract the muscles treated (e.g. frown or grimace); do not vigorously rub or massage the treated area
- Antibiotics may potentiate the effects of Botox
- Clients taking aminoglycosides or medications that interfere with neuromuscular transmission may have a potentiated effect
- Thick sebaceous skin may have very deep wrinkles making them a poor candidate
- A natural eyelid ptosis may be more susceptible to drooping of the eyelid
- Botox does not diffuse over scar tissue (the appearance of scar tissue may diminish following injection of Botox into neighboring wrinkles)
- Due to bruising potential, you should schedule Botox injections at least 2-3 weeks prior to an important event
- Alcoholic beverages 24 hours prior to Botox injections may increase bruising
- Blood thinning medications and herbal supplements 2 weeks prior and after Botox injections typically increases bruising

I am aware of the following risks:

- Mild to moderate discomfort or pain (many patients describe the sensation as a pinprick)
- Redness or swelling of the skin at the injection site, usually lasting only a few hours
- Bruising in the treated area that may last for several days to several weeks after injections (in rare cases a bruise may last for longer periods of time)

Though rare, I am aware that the following may also be considered a risk:

- Temporary eyebrow or eyelid drooping and/or double vision may occur if the Botox affects the muscles which move the eye and eyelid
- Temporary lip ptosis (drooping) if Botox is used around the mouth area
- Transient muscle twitching in the treated area
- Transient headache
- Infection. Whenever the skin barrier is penetrated infection is possible. Should any type of skin infection occur antibiotics may be necessary.

I understand that full effects of the treatment may take up to 12 days following the treatment and that if my level of correction is not as a I had hoped, I may need to purchase additional Botox for injection to reach a higher level of correction. I agree to communicate with my practitioner within two weeks (14 days) for evaluation and/or additional correction.

I acknowledge that due to my unique skin composition, there are no guarantees, warranties, or assurances that I will be satisfied with my results.

I understand that this treatment may involve risks of complication from both known and unknown causes, and I freely assume those risks. Prior to receiving treatment, I have been candid in revealing any condition that may have a bearing on this procedure.

BY SIGNING BELOW, I ACKNOWLEDGE THAT I, _____, HAVE READ AND UNDERSTAND THE "CONSENT, RELEASE, AND INDEMNITY AGREEMENT" FOR THIS PROCEDURE, AND THAT I AM ASSIGNING IT VOLUNTARILY.

PLEASE SIGN YOUR FULL NAME BELOW IF YOU AGREE

Client Signature

Date

Botox Safety Information

The following important safety information is being provided to you so that you are aware of the possible side effects from the injection of BOTOX® Cosmetic. This information is not intended to scare you or to deter you from being injected with BOTOX® Cosmetic but instead it is to allow you to make an informed decision on the injection(s) of BOTOX®.

IMPORTANT SAFETY INFORMATION:

BOTOX® Cosmetic may cause serious side effects that can be life threatening. Call your doctor or get medical help right away if you have any of these problems after treatment with BOTOX® Cosmetic:

Initial here:

- **Problems swallowing, speaking, or breathing.** These problems can happen hours to weeks after injection of BOTOX® Cosmetic usually because the muscles that you use to breathe, and swallow can become weak after the injection. Death can happen as a complication if you have severe problems with swallowing or breathing after treatment with BOTOX® Cosmetic.

- **Spread of toxin effects.** In some cases, the effect of botulinum toxin may affect areas of the body away from the injection site and cause symptoms of a serious condition called botulism. The symptoms of botulism include: loss of strength and muscle weakness all over the body, double vision, blurred vision and dropping eyelids, hoarseness or change or loss of voice (dysphonia), trouble saying words clearly (dysarthria), loss of bladder control, trouble breathing, trouble swallowing. These symptoms can happen hours to weeks after you receive an injection of BOTOX® Cosmetic.

THERE HAS NOT BEEN A CONFIRMED SERIOUS CASE OF SPREAD OF TOXIN EFFECT AWAY FROM THE INJECTION SITE WHEN BOTOX HAD BEEN USED AT THE RECOMMENDED DOSE TO TREAT SEVERE UNDERARM SWEATING, BLEPHAROSPASM, OR STRABISMUS, OR WHEN BOTOX® COSMETIC HAS BEEN USED AT THE RECOMMENDED DOES TO TREAT FROWN LINES.

Other side effects of BOTOX® Cosmetic include: dry mouth, discomfort or pain at the injection site, tiredness, headache, neck pain, and eye problems including: double vision, blurred vision, decreased eyesight, drooping eyelids, swelling of your eyelids and dry eyes. Symptoms of an allergic reaction to BOTOX® Cosmetic may include itching, rash, red itchy welts, wheezing, asthma symptoms, or dizziness or feeling faint.

Botox Pre & Post Care Information

- This treatment is not recommended if you have an important event within 2 weeks of injection due to potential bruising.
- Avoid herbal supplements such as Ginkgo, green tea, and anti-inflammatories of any kind for 2 weeks before and following treatment to limit bruising.
- For the first 5-6 hours following Botox, remain upright and periodically perform facial movements in the areas of injection to work the Botox into the muscle (e.g. smile, squint, frown, etc.)
- Do not participate in activities that include heavy lifting, vigorous exercise or straining for 2-3 hours (it takes approximately 2-3 hours for Botox to bind to the nerve and you do not want to increase circulation during that time).
- Do not rub, touch, or manipulate Botox for 6 hours following injection.
- Avoid irritating products for 24 hours following Botox.
- Make-up may be applied gently before leaving the office. Remember to wipe up and away from your eyes or brows.
- Bruising in the area injected is normal and often expected, especially if treated around the eyes. Bruising can last up to several weeks. Using/taking Arnica may help diminish bruising.
- It may take up to 12 days for Botox to take full effect.
- A follow-up visit at 10-14 days following injection is suggested to assess results for subsequent treatments, particularly if you are a first time client. If full correction is not achieved, you will need to purchase additional Botox injection.
- Re-treatment is typically needed between 2-6 months.
- Regular injections usually yield longer lasting Botox results.
- If your upper lip was treated you will not be able to drink through a straw, whistle, or enunciate some words for approximately 2 weeks.
- Although rare, infection in the injected area is possible. Signs of infection may include redness and tenderness in the infected area, and fever. Should you develop an infection, antibiotics may be necessary. Please contact us should you have any concerns.

If you have ANY questions or concerns, please call our office during business hours.

I understand that these pre/post care instructions are important to my overall treatment. I agree that I have read and understand what is required of me before and following my treatment.

BY SIGNING BELOW, I ACKNOWLEDGE AND CERTIFY THAT I, _____, HAVE READ AND UNDERSTAND THE "CONSENT, RELEASE, AND INDEMNITY AGREEMENT" FOR THIS PROCEDURE, AND THAT I AM SIGNING IT VOLUNTARILY.

PLEASE SIGN YOUR FULL NAME BELOW IF YOU AGREE

Client Signature

Date