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BOTOX/DYSPORE Pre & Post Care

- ♥ Avoid herbal supplements such as Ginkgo, green tea, ibuprofen, vitamin E, fish oil, turmeric, alcohol and anti-inflammatories of any kind for 2 weeks before treatment to limit bruising.
- ♥ For the first 5-6 hours following Botox, remain upright, don't lay flat.
- ♥ Avoid vigorous exercise, excessive sweating, or straining for the first 24 hours after treatment. It takes approximately up to 24 hours for Botox to bind to the nerve and you do not want to increase circulation during that time.
- ♥ Do not rub, touch, or manipulate Botox for 6 hours. Avoid irritating products for 24 hours following Botox.
- ♥ Avoid vigorous facials, lasers, waxing, chemical peels, and microblading/tattooing to areas injection for 2 weeks.
- ♥ Make-up may be applied gently before leaving the office, remember to wipe up and away from your eyes or brows. Gently cleanse or pat.
- ♥ Bruising in the area injected is normal and often expected, especially if treated around the eyes. Bruising can last up to several weeks. Using/taking Arnica may help diminish bruising.
- ♥ It may take up to 2-3 weeks for Botox to take full effect.
- ♥ A follow-up visit at 14 days to 3 weeks is suggested to assess results for subsequent treatments, particularly if you are a first-time client. If full correction is not achieved, you will need to purchase additional Botox for injection.
- ♥ Re-treatment is typically needed between 3-4 months. Regular injections usually yield a longer lasting Botox result.
- ♥ If your upper lip was treated you will not be able to drink through a straw, whistle, or enunciate some words for approximately 2 weeks.
- ♥ Although rare, infection in the injected area is possible. Signs of infection may include redness and tenderness in the infected area and fever. Should you develop an infection, antibiotics may be necessary. Please contact us should you have any concerns.